

Six Minute Walk Test
(Simple Pulmonary Stress Test)

Patient's name: _____ Date of study: _____

Date of Birth: _____ Tech name: _____ Meds taken before test: _____

Gender: M F ; Age: ____ Race: ____ Ht: ____Ft ____ Inch , Wt: ____ lbs ____kg

Supplemental oxygen used during test: No Yes, Flow ____L/min via NC

	Baseline	End of test	O2 titration __ lpm	O2 titration __ lpm	O2 titration __ lpm
Time	_____	_____	_____	_____	_____
Heart rate	_____	_____	_____	_____	_____
Dyspnea (borg)	_____	_____	_____	_____	_____
Fatigue (borg)	_____	_____	_____	_____	_____
SpO2	_____	_____	_____	_____	_____
Blood pressure	_____	_____	_____	_____	_____

Stopped or paused before 6 minutes? No Yes, Reason: _____

Other symptoms at end of exercise: angina, dizziness, hip/leg/calf pain

Numbers of laps: _____ (X 60 meters) + Final lap: _____ meters =

Total distance walked in six minutes: _____ Meters

Tech's comment: _____

Interpretation: _____

Diagnosis: _____

Recommendations: _____

Prakash Patel, MD _____