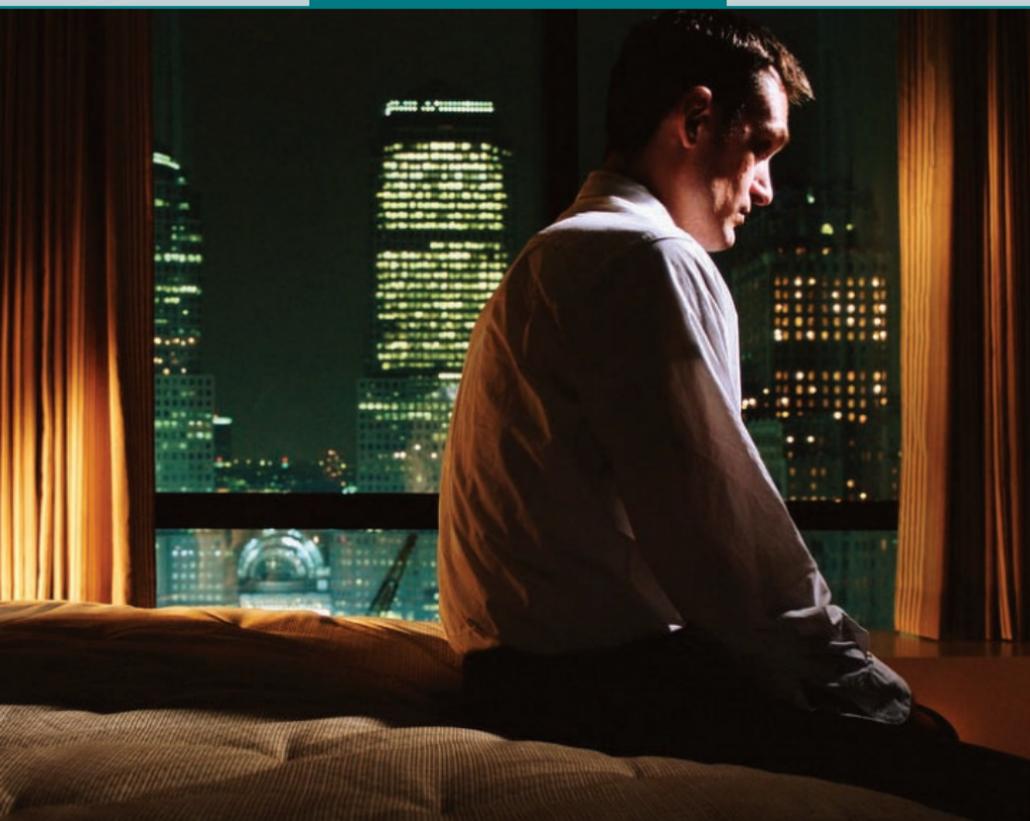


RESPIRONICS®



**ARE YOU AWARE THAT YOUR  
INSOMNIA MAY BE RELATED TO  
ANOTHER SLEEP DISORDER?**

Clinical studies have shown a link between insomnia and obstructive sleep apnea (OSA). OSA is a common condition in which the upper airway repeatedly collapses during sleep, causing a decreased airflow that may lead to, or worsen, insomnia. Untreated OSA may cause excess stress on the heart, increasing the risk of uncontrolled blood pressure, heart attack and stroke.

## ARE YOU AT RISK FOR OSA?

- Do you snore?
- Do you ever stop breathing during sleep?
- Do you have trouble falling asleep?
- Do you awaken at night and have difficulty falling back to sleep?
- Do you feel sleepy during the day?

If you answered yes to two or more of these questions, talk to your doctor. Your doctor can assess your need to have further evaluation of your breathing while you sleep. A sleep study will diagnose whether you have OSA and indicate the best treatment.

## WHAT ARE THE BENEFITS OF TREATING OSA?

Clinical studies have shown that treatment of OSA may:

- reduce daytime sleepiness
- improve daytime energy and stamina
- lower blood pressure
- reduce potential risk for heart attack, stroke and heart disease

## WHAT IS A SLEEP STUDY?

In order to be properly diagnosed, patients spend a night in a private room at a local sleep center, where sleep patterns, breathing and heart activity are monitored and recorded. The overnight recording is safe and painless.



**TALK TO YOUR DOCTOR IF YOU THINK  
YOU MAY HAVE OSA.**

Respironics is a leading developer, manufacturer and distributor in the sleep-disordered breathing industry. It is recognized worldwide for its continuous stream of medical innovations and advancements in the management of sleep disorders. Having introduced the first commercially available CPAP device for the treatment of sleep apnea more than 20 years ago, the Company is continually pursuing new innovations that will improve the quality of patients' lives.

For more information about  
Obstructive Sleep Apnea visit:

[www.sleepapneainfo.com](http://www.sleepapneainfo.com)  
[www.respironics.com](http://www.respironics.com)

The logo for Respironics features a stylized, wavy horizontal line above the word "RESPIRONICS" in a bold, sans-serif font. A registered trademark symbol (®) is located to the upper right of the word.

**RESPIRONICS®**

Customer Service: 1-800-345-6443 or 724-387-4000  
Respironics Europe, Africa, Middle East: +33-1-47-52-30-00  
Respironics Asia Pacific: +852-3194-2280  
[www.respironics.com](http://www.respironics.com)

Respironics is a registered trademark of Respironics, Inc. and its affiliates.  
©2007 Respironics, Inc. and its affiliates. All rights reserved.

Hoeh KW 7/11/07 MCI 4101253 PN 1047545